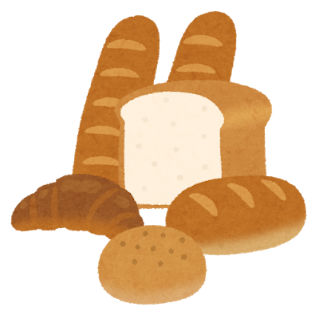
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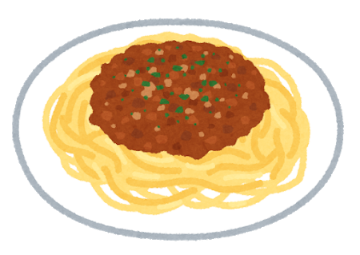
**五大栄養素**

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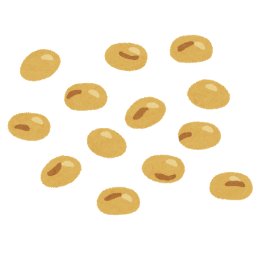
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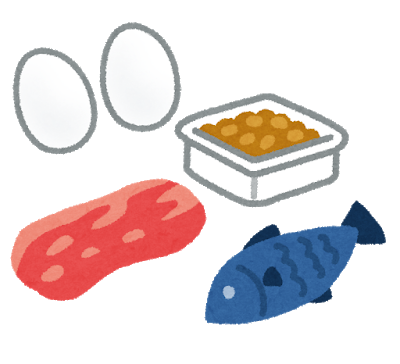
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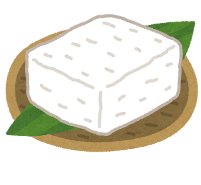
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**たんぱく**

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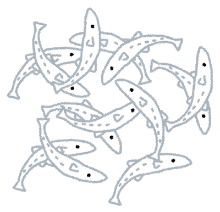
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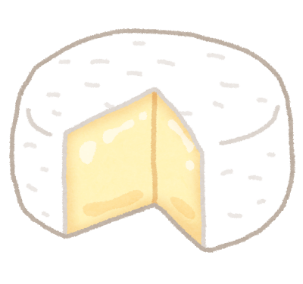
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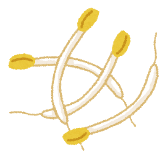
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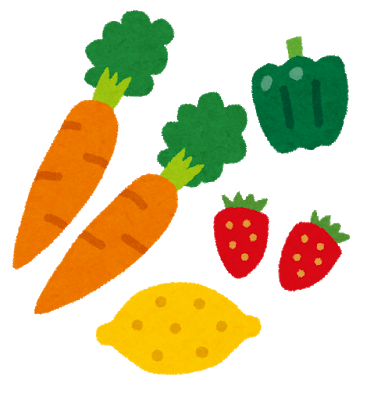
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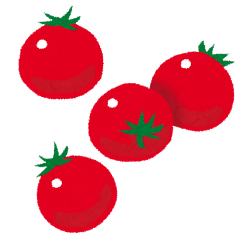
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**ビタミン**

**（色のこい野菜、その他の野菜、くだもの）**

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